Grade: 9 Reading Worksheet Units: 4/5/6

Nowadays, fast food restaurants are in all every big city. Most people prefer fast food restaurants. Speed and price make them the favorite restaurants. Some people don't want to spend a lot of time preparing food. So they can order what they want and eat it in about fifteen minutes. That's why they are called " fast food restaurants " . The prices are also cheap because of the large number of meals sold every day. People like to be comfortable and enjoy their food.

The famous fast food restaurants make sure that a beef burger sold in Kuwait tastes the same as the one in New York and not different from the one bought in London. Fast food like beef burgers have too much salt, fat and spices. So some people say that they are not good for health. They don't have the important elements of the good food. You can't also judge the quality of them.

Sometimes, fast foods are not well-protected from dirt, dust and insects. Such food doesn't also have enough proteins and vitamins. So eating fast food a lot may lead to ***obesity*** and cause many dangerous diseases like heart attacks and bad nutrition as well.

A) Choose the best completion from a, b, c and d:

1. The main idea of the 1st paragraph is **……**

a- bad effects of fast food. b- advantages of fast food restaurants.

c- best restaurants in town. d- unhealthy restaurants

2. The underlined word "***obesity***" in line **13** means……..

a- fatness b- diseases c- money d- insects

B) Answer the following questions:

3. Why is fast food cheaper than any other food?

…….....……...

4. What are the two things that make fast food restaurants the most favorite?

…….....……...